



Working Holistically in Therapy and Personal Growth: Pulsation, Grounding and Presence

June 27 - July 2, 2018
Fort Lauderdale, Florida

This six-day training workshop is open to mental and physical health professionals, as well as to those who wish to deepen their own professional development through a body-centered modality. Modules 2 and 3 deepen the basic concepts presented in Module 1, and teach how to begin working with clients using the principles of body-psychotherapy.

Module 2: The Body as the Doorway to Intervention

- **Reading the Body - increasing observation skills**
- **Understanding the body's pulsatory flow that underlies thinking, feeling and action**
- **Facilitating the pulsation and working with interruptions in the pulsatory flow**
- **Facilitating a body-based process model of therapy**
- **Working with the eyes as a key process in ensuring "presence" in the body**
- **Integrating interventions through the ocular segment**

Module 3: Reclaiming the Body, Acceptance and Personal Empowerment: Grounding the Body and Restoring Contact

- **Contact and Contactlessness**
- **Grounding**
- **Movement**
- **Patterns of pulsation and energy levels**

Faculty

Anthea Fraser, BSW, has 40 years experience as a clinical social worker, counsellor and group worker. She has worked in a broad range of fields including mental health, community health, relationship and family work. She has run Radix experiential workshops, relationships workshops and personal growth groups for many years. Throughout her career Anthea has supervised allied health professionals and students. Anthea was certified in Radix in 1997 and is a senior trainer for the Australian Radix Training Centre. In 1999 she was certified in Imago Relationship Therapy. Anthea has been running a busy psychotherapy practice in Mt Barker, South Australia, for over 15 years.

Melissa Lindsay, PsyD, has been a Radix Practitioner for over 20 years, and a trainer with the USA Radix Institute since 2008. She has a Master of Counseling degree with a humanistic orientation, Certification in Gestalt Therapy, and a Doctor of Psychology degree. Melissa maintains a private practice in Hawaii, working from a body-centered orientation with a broad range of issues, and specializing in trauma and dissociation.

Modules 2 and 3 Tuition (This fee does not include room or meals) \$ 1850

Early registration before May 15, 2018: \$ 1750

[Click here](#) to register with a deposit of \$850 to hold your space.

You may register for Module 2 (6/27-6/29) separately on a space-available basis after June 1st:

Tuition \$ 950. Contact information@radix.org to be placed on the waiting list.

TO REGISTER:

Use PayPal.com to send a deposit to information@radix.org,

OR mail a check to: The Radix Institute
c/o Melissa Lindsay
981 Aalapapa Drive
Kailua, HI 96734

If you need to cancel, a refund will be given until May 15, 2018, less a \$25 processing fee.

For more information contact information@radix.org or check out [our website](#).

Continuing Education

CE credit is pending for Modules 2 and 3. The training workshop will offer 36 contact hours to social workers, psychologists, licensed mental health counselors, licensed professional counselors, and marriage and family therapists. **Full attendance is required.**

[Learning Objectives](#)

Our Workshop space in Fort Lauderdale is located near NE 3rd Ave. and NE 7th Street, convenient to restaurants and accommodations. If you look for B&Bs, book early, as Fort Lauderdale is a popular destination.

CERTIFICATION IN RADIX TRAINING:

This workshop is part of a series of training modules. Other training modules will focus on specific content areas such as affective regulation, boundaries and containment. The modules can be taken by themselves, or can lead to certification as a Radix Practitioner. For the Certification Program, the modular structure of the training gives flexibility as to when a trainee enters the program, begins their individual experiential work, and begins working with students or clients of their own. If you are potentially interested in the certification program, you will have the opportunity to discuss the programs with the training staff at the workshop.

[More about the Certification program](#)