

Training workshops

***Working Holistically in Therapy and Personal Growth:
Pulsation, Grounding and Presence***

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***Fort Lauderdale, FL***

**October 23-25, 2018 *The Body as the Doorway to Intervention***

**October 27-29, 2018 *Reclaiming the Body, Acceptance and Personal Empowerment:  
Grounding the Body and Restoring Contact***

Two three-day training workshops, open to mental and physical health professionals as well as to those who wish to deepen their own professional development through a body-centered modality. These workshops teach how to begin working with clients using the principles of body-psychotherapy.

**Course content:**

**The Body as the Doorway to Intervention (Module 2)**

- Reading the Body - increasing observation skills
- Understanding the body's pulsatory flow that underlies thinking, feeling and action
- Facilitating the pulsation and working with interruptions in the pulsatory flow
- Facilitating a body-based process model of therapy
- Working with the eyes as a key process in ensuring "presence" in the body
- Integrating interventions through the ocular segment

**Reclaiming the Body, Acceptance and Personal Empowerment:  
Grounding the Body and Restoring Contact (Module 3)**

- Understanding Contact and Contactlessness Interpersonally and within the Self
- Facilitating Grounding to increase awareness and effectiveness
- Using Movement to change established patterns of holding
- Identifying and working with a variety of patterns of pulsation and energy levels

**LOCATION:** *Our workshop space in Fort Lauderdale is located near NE 3rd Ave. and NE 7th Street, convenient to restaurants and accommodations. If you look for B&Bs, book early, as Fort Lauderdale is a popular destination.*

## Modules 2 and 3 Tuition and Registration

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|--------------------------------------------------------|-------|
| Early registration for each workshop by July 31, 2018: | \$825 |
| August 1 – September 1, 2018:                          | \$925 |

Register now. Send your deposit of [\\$500 for Module 2 \(Oct. 23-25\)](#) OR [\\$525 for Module 3 \(Oct. 27-29\)](#)

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|----------------------------------------------------|--------|
| Registration for both workshops: By July 31, 2018: | \$1600 |
| August 1 – September 1, 2018:                      | \$1800 |

Register now. Send your deposit of [\\$850 for both modules](#).

To payday check, or to register after 9/1/18, contact [information@radix.org](mailto:information@radix.org).

Registration Deadline is September 1, 2018. Registration after 9/1/18 is on a space-available basis.

### Continuing Education

**CE credit for Module 2** is sponsored by Commonwealth Educational Seminars (CES). The training workshop offers 18 contact hours to social workers, psychologists, licensed mental health counselors, licensed professional counselors, and marriage and family therapists. **Full attendance is required.**

Social Workers: CES, provider #1117, is approved as a Provider for Social Work Continuing Education by the Association of Social Work Boards (ASWB) [www.aswb.org](http://www.aswb.org), through the Approved Continuing Education (ACE) program. CES maintains responsibility for the program. ASWB Approval Period: 10.5.2015 - 10.5.2018. This 3-year approval period will be extended after 10.5.2018. Social Workers should contact their regulatory board to determine course approval. Social Workers participating in this course will receive 18.0 clinical continuing education clock hours.

**CE credit for Module 3** is pending.

[More about CE credit](#)

[Learning Objectives](#)

#### CERTIFICATION IN RADIX TRAINING:

These workshops are part of a series of training modules. Module 1 is an introductory workshop that gives an overall perspective to Radix Body Psychotherapy. Other training modules focus on specific content areas such as affective regulation, boundaries and containment. Most modules can be taken by themselves, but they can also lead to certification as a Radix Practitioner. For the Certification Program, the modular structure of the training gives flexibility as to when a trainee enters the program, begins their individual experiential work, and begins working with students or clients of their own. If you are potentially interested in the certification program, you will have the opportunity to discuss the programs with the training staff at the workshop.

[More about the Certification program](#)