



*Training workshop in Body-Psychotherapy:*

**Integrating Mind, Emotions and the Body in Therapy:  
An Holistic Approach**

**August 30 - September 4, 2018  
9am - 5pm daily**

**The Open Centre, London, England**

**Join us in London for an introductory training workshop in BodyPsychotherapy. We welcome practitioners who work with people to promote personal growth and healing, and also those who wish to deepen their own personal development through a body-centered modality.**

**Currently, neuroscience provides a good neurobiological understanding of the significance of the therapeutic relationship as well as the relationship between the body and mental health. Yet it can still be confusing to know how to apply these insights to guide interventions at a practical and effective level.**

**Radix somatic work is an holistic and comprehensive approach that uses body observation to guide intervention, both in the present moment and over the course of time. With its roots in Reichian work, the Radix approach, over the last five decades since its inception, has developed both theory and application to now provide a subtle, highly attuned and comprehensive somatic process-oriented work. The body is the central focus of the work, and one's psychological make up is understood from a somatic perspective. With its emphasis on somatic unfolding rather than applying a method approach, this process work supports the healing and expression of the client within the therapeutic relationship and can be applied to any presenting condition. Radix practitioners are trained to contemplate what is it about the constitution of the client that leads to a particular group of symptoms or issues.**

**Workshop description: This five-day intensive workshop will blend didactic and experiential learning. Participants will have the opportunity to learn the basic concepts underpinning mind-body therapeutic work, and experientially learn how the application of these concepts can deepen their own embodiment and that of their clients. On the final day there will be supervised practice in the application of the concepts presented.**

## Faculty

**Narelle McKenzie, M.A.:** Director and Senior Trainer of the Australian Radix Training Centre and of The Radix Institute in North America. Narelle completed her training with the Radix Institute in 1982 and established a private psychology and psychotherapy practice in Australia. After completing her trainer training she co-founded the Australian Radix Training Centre. Narelle is a registered psychologist with thirty years experience working in private practice with adults, adolescents, families, couples and groups.

**Michael Gavin,** therapist since 1984, certified Radix Practitioner since 1992, has co-led the London Radix Workshops Program for more than 25 years, recently adding “Radix Learning Days” before and after these experiential workshops to help participants understand their experience in terms of Radix theory. After many years in London, Michael is now based in the New Forest area of England. A certified Somatic Trauma Therapist (1994), he has conducted trainings in somatic work with trauma for UKATA, BACP, and other organizations, and co-leads the EverybodyKnows workshop series introducing talk therapists to somatic ways of working.

## Fees and Registration

Early Registration until <b>June 15, 2018</b>	<b>£ 1200</b>
<b>May 26 - July 31, 2018</b>	<b>£ 1350</b>

***TO REGISTER:*** Pay with PayPal. [Click here](#) to send a deposit of £ 600.

To pay by cheque, contact [information@radix.org](mailto:information@radix.org) for details,

*Training workshops are offered by the faculty of The Radix Institute in the USA and Europe, and The Radix Training Centre in Australia.*

***CERTIFICATION IN RADIX TRAINING:*** This workshop is the first in a series of training modules. Future training modules will focus on specific content areas such as affective regulation, eye-work, and containment. The modules can be taken by themselves, or can lead to certification as a Radix Practitioner. For the Certification Program, the modular structure of the training gives flexibility as to when a trainee enters the program, begins their individual experiential work, and begins working with students or clients of their own. If you are potentially interested in the certification program, you will have the opportunity to discuss the programs with the training staff at the workshop.

[Certification program](#)