



Training workshops in Body-Psychotherapy

Integrating Mind, Emotions and the Body in Therapy: An Holistic Approach
August 31 - September 4, 2018, London, England

Working Holistically: Pulsation, Grounding and Presence
January 24-29, 2019, New Forest, England

Open to practitioners who work with people to promote personal growth and healing, and to those who wish to deepen their own personal development through a body-centered modality.

Both intensive workshops will blend didactic and experiential learning. Participants will have the opportunity to learn the basic concepts underpinning mind-body therapeutic and personal growth work, and experientially learn how the application of these concepts can deepen their own embodiment and that of their clients.

The first workshop, based in London, will introduce basic concepts in Radix body-centered work, discuss therapeutic goals in body-psychotherapy. This workshop is the basis for further modules in the training program.

The second workshop, based in New Forest, deepens and expands one's understanding of pulsation and how to work with interruptions in the pulsatory flow. In-depth focus is on Grounding and facilitating Contact and a sense of "Presence," working in particular with the eyes.

In every training workshop there is opportunity to practice the application of the concepts presented.

Fees & Registration Workshop 1

Integrating Mind, Emotions and the Body in Therapy	
<u>Early Registration until June 15, 2018</u>	£ 1200
June 16 - July 31, 2018	£ 1350

TO REGISTER: Pay with PayPal. [Click here](#) to send a deposit of £ 600.

To pay by cheque, contact information@radix.org for details,

Fees & Registration Workshop 2

Working Holistically in Therapy and Personal Growth

Early Registration until October 20, 2018

£ 1400

October 21 - December 10, 2018

£ 1550

TO REGISTER: Pay with PayPal. [Click here](#) to send a deposit of £ 700.

Faculty

Narelle McKenzie, M.A.: Director and Senior Trainer of the Australian Radix Training Centre and of The Radix Institute in North America. Narelle completed her training with the Radix Institute in 1982 and established a private psychology and psychotherapy practice in Australia. After completing her trainer training she co-founded the Australian Radix Training Centre. Narelle is a registered psychologist with thirty years experience working in private practice with adults, adolescents, families, couples and groups.

Michael Gavin, therapist since 1984, Certified Radix Practitioner since 1992, has co-led the London Radix Workshops Program for more than 25 years, recently adding “Radix Learning Days” before and after these experiential workshops to help participants understand their experience in terms of Radix theory. After many years in London, Michael is now based in the New Forest area of England. A certified Somatic Trauma Therapist (1994), he has conducted trainings in somatic work with trauma for UKATA, BACP, and other organizations, and co-leads the EveryBodyKnows workshop series introducing talk therapists to somatic ways of working.

Melissa Lindsay, PsyD, has been a Radix Practitioner since 1995, and a trainer with the USA Radix Institute since 2008. She has a Master of Counseling degree with a humanistic orientation, Certification in Gestalt Therapy, and a Doctor of Psychology degree. Melissa maintains a private practice in Hawaii, working from a body-centered orientation with a broad range of issues, and specializing in trauma and dissociation.

Training workshops are offered by the faculty of The Radix Institute in the USA and Europe, and The Radix Training Centre in Australia.

CERTIFICATION IN RADIX TRAINING: Workshop 1 is the first in a series of training modules; Workshop 2 includes Modules 2 and 3. Future training modules will focus on specific content areas such as affective regulation, containment and trauma. Most modules can be taken by themselves, or can lead to certification as a Radix Practitioner. For the Certification Program, the modular structure of the training gives flexibility as to when a trainee enters the program, begins their individual experiential work, and begins working with students or clients of their own. If you are potentially interested in the certification program, you will have the opportunity to discuss the programs with the training staff at the workshop.

Certification Program

